



# COVID-19 THIS WEEK

October 27, 2020

**A weekly digest of resources, tools and updates to support healthcare teams in the fight against the coronavirus.**

## **NUTRITION & PUBLIC HEALTH DURING COVID-19**



Diet plays a major role in overall health and wellness, and throughout COVID-19 we've seen how it contributes to patients' recovery. This week on the Healthcare Hub, we focus on the importance of nutrition and the many ways it has been impacted by the pandemic as well as the importance of public and community health.

- [A blog from our editor](#): Connie Kohler, MS RDN, CDCES, Registered Dietician/Nutritionist, Certified Diabetes Care and Education Specialist, Clinical Editor, addresses the importance of nutrition when recovering from mild and severe cases of COVID-19.
- [Clinical overview](#): View the current COVID-19 clinical overview, updated in October, that includes the latest information about diagnosis, screening, prevention and treatment.
- [Infection prevention in the home](#): Share this patient education resource, which provides information on how to prevent the spread of infection by maintaining hygiene and handling food safely.

[Access Community Care resources on the COVID-19 Healthcare Hub](#)

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## **WHAT WE'RE WATCHING AND READING**

See the [10 key recommendations for nutrition support](#) for critically ill patients with COVID-19 in this video from the American Society for Parenteral and Enteral Nutrition.

Read this review in Critical Care, [Nutrition of the COVID-19 patient in the ICU: a practical guidance](#), to learn about the importance of integrating early nutritional care management into the overall therapeutic strategy for COVID-19 patients.

This article in Nutrition Reviews, [Dietary recommendations during the COVID-19 pandemic](#), looks at how optimal nutrition might mitigate the risk and morbidity associated with COVID-19.

[Discover more interesting reads in the Daily Rounds](#)

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## **LET'S HEAR FROM YOU**

What has helped you the most in caring for patients with COVID-19? Have these emails been a useful resource? [Tag us on social media](#) and share Elsevier's Healthcare Hub with your network.

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